

2026-2027

LONEDELL R-14 SCHOOL DISTRICT



Athletic Handbook

Success; Nothing Less!

Table of Contents

Overview	3
School Conduct	3
Absences	3
Academic Performance	4
Transportation	4
Parent Responsibility	5
Physicals	5
Injuries	5
Participation in Multiple Sports	5
Communication Platform	6
Parent Permission Form	7
St. Clair/Lonedell Cooperative Agreement	8

Overview

The Lonedell R-14 School District offers a variety of extracurricular sports for our students in grades 5 through 8. These sports include the following:

Boys Basketball

Girls Volleyball

Girls Basketball

Cheerleading

Our sports program is designed to allow those interested to explore team sports. We encourage students to participate and have fun with these sports. However, participating in extra-curricular sports comes with certain rules and responsibilities, which are detailed in this handbook. All student-athletes are expected to uphold these rules and regulations. Failure to do so could result in immediate suspension from your team.

School Conduct

Student-athletes are placing themselves in the position of being role models for other students. Therefore, they are expected to uphold the school's conduct code. Should they receive discipline, it will result in discipline for their extra-curricular sports activity as well.

If student-athletes receive school discipline, administration will work with coaches to determine any additional athletic consequences that may be appropriate based on the nature and severity of the offense.

Both home and away extra-curricular activities are school-sponsored. Any behavior during these events that breaks the school conduct code can be punishable by discipline through the principal.

Absences

Students who are not present at school by 11:00 am, without a doctor's note, are not allowed to attend after-school activities, including sports practices and games.

Regular attendance at practice is essential for individual and team success. Student-athletes who accumulate unexcused absences from practice may have their playing time reduced at the coach's discretion. Failure to attend practice affects preparation, team cohesion, and readiness for competition.

As with anything, communication between home and the coach is essential to ensuring a positive and successful experience for all student-athletes.

Academic Performance

Semester Grades

Student-athletes are expected to maintain satisfactory academic performance. Eligibility for extracurricular athletics will be determined based on semester grades in accordance with district requirements. A student who earns an F in any course at the end of a semester may be ineligible for athletic participation during the following semester. Eligibility will be reevaluated at the beginning of each school year.

In-Season Grades

Student-athletes are expected to maintain passing grades and demonstrate appropriate conduct throughout the season. Grade and conduct reports will be reviewed weekly to determine athletic eligibility for the following week.

If a student-athlete receives an F in any class, they will be ineligible to participate in athletic contests until the grade is raised to a passing level. The student-athlete may continue to attend practices at the discretion of the coach and administration.

Students will have two (2) weeks from the date of notification to improve the failing grade. If the grade remains failing after two weeks, the student-athlete may be removed from the team for the remainder of the season.

The purpose of this policy is to encourage academic success and ensure that student-athletes remain committed to their responsibilities in the classroom as well as in extracurricular activities.

Transportation

Athletes requiring transportation to and from games are responsible for contacting Boosters to make arrangements for that transportation.

Any non-athlete seeking transportation to away games must get prior written approval from both the coach and the Boosters organization.

All riders are expected to maintain good conduct on the bus. Failure to behave properly could result in discipline from the coach or principal.

Students are to be picked up on time after returning from away games

Parent/Guardian Responsibility

A successful athletic program requires a partnership among student-athletes, parents/guardians, coaches, and school staff. Parents/guardians play an important role in supporting both their child and the athletic program. The following expectations apply to all families:

- Parents/guardians are responsible for ensuring that student-athletes are picked up promptly following practices, games, and other team activities.
- Student-athletes and their families represent Lonedell School at all athletic events. Parents/guardians are expected to model and promote good sportsmanship at all times. Unsportsmanlike conduct, inappropriate language, or disrespectful behavior toward officials, coaches, players, or spectators will not be tolerated.
- At least one parent/guardian must attend the mandatory preseason meeting for each sport in which their child participates. Attendance at this meeting is required before a student-athlete is eligible to participate in practices or contests.

Physicals

All student-athletes must have a current, completed physical examination on file with the school before they are permitted to participate in any practice, scrimmage, contest, or other athletic activity. The required physical documentation must be submitted to the Athletic Director prior to the student's first day of participation.

Injuries

Any student injured during the season must provide a doctor's release stating they are cleared to return to athletic participation. Following medical clearance, coaches may gradually increase the student's participation and playing time based on the type and severity of the injury.

Participation In Multiple Sports

Students may participate in more than one sport/activity during a season; however, they may not participate on multiple teams within the same sport without prior approval from the Athletic Director.

Communication Platforms

Coaches will communicate with their families and athletes ONLY through the Seesaw app. This is a district platform that all parents already have access to from the classroom teachers. Our goal is to streamline communication while also keeping everyone safe.

Lonedell Athletic Parent Permission Form

Please Sign, Detach and Return This Form to Your Coach:

My child has my permission to participate in the following Lonedell R-14 after school activities.

By granting permission for my child to participate, I acknowledge that I will be responsible for arranging travel to and from practices and games in a timely manner during the season. I also understand that as a parent, I have the right to discuss progress with the Coach in a civil manner at an appropriate time when other children are not present.

If at any time further assistance is needed, students and families may contact Mrs. Courtney Thurman. Failure to follow the procedures outlined in this handbook may result in your child not being allowed to participate any further.

Please check the applicable activity:

- ☐ Volleyball
- ☐ Basketball
- ☐ Cheerleading

_____	_____
Student Name	Grade

_____	_____
Parent/Guardian	Date

St. Clair-Lonedell Cooperative Agreement

Dear Parents/Guardians,

Students from Lonedell who are participating in a sport in which Lonedell has a cooperative sponsorship with St. Clair will have the opportunity to ride the Lonedell bus from Lonedell to St. Clair to attend any games/practices that are required of the student.

Please review the information below carefully:

- Students will leave Lonedell at **2:30 PM** to travel to St. Clair Junior High for practice.
- Parents/guardians are **responsible for picking up their student from St. Clair Junior High when practice concludes.**
- There is **no return bus transportation** to Lonedell after practice.
- Throughout the season, there will be several meets/games where students will need to **leave school early** to catch transportation to the meet location. Parents will be notified in advance of these dates.
- While participating, students will be expected to follow all Lonedell athletic and behavioral expectations. School policies and consequences apply during practices, meets, and transportation.

Participation in athletics and use of district transportation is a privilege. Failure to meet academic or behavioral expectations may result in removal from the team and/or transportation privileges.

Please sign below to indicate that you understand and agree to the above expectations.

Student Name: _____

Grade: _____

I understand that my child will ride the Lonedell bus to St. Clair Junior High for practice and that I am responsible for picking my child up from St. Clair Junior High when practice concludes. I also understand that students must meet behavioral and academic expectations and may leave school early on designated meet days.

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Date: _____ **Parent Phone Number** _____